

Extension Highlights

September/October 2022

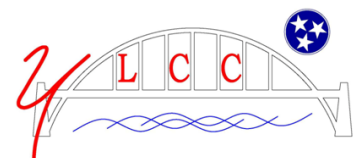
UT & TSU Cheatham County
Extension
162 John Mayfield Drive
Suite 110
Ashland City, TN 37015
615-792-4420

<http://cheatham.tennessee.edu>
Facebook: Cheatham County—UT & TSU
Extension
Twitter: CheathamCoExt
Instagram: ut_tsu_cheatham_extension

rbarron@utk.edu
Ronnie Barron, Director, Extension Agent
sknaus@utk.edu
Sierra Knaus, Extension Agent
adodd2@utk.edu
Aneta Eichler, Extension Agent
tfalick@utk.edu
Tammi Fralick, Extension Agent
kshores@utk.edu
Kathryn Forewright, Administrative Assistant

4-H Youth Development

October is a busy month for 4-H! 4-H agents begin our in school 4-H program during October and this year they enrolled almost 1,300 4-H members in the 4th-6th grade. In school clubs are held at ACES, WCES, PVES, PES, ECES, HMS, CMS, and SMS. During our first 4-H meeting, members learned all about the history of 4-H, completed a leadership activity and learned about parliamentary procedure. 4-H members were also learned about the importance of public speaking and how to give a speech. Every 4-H member will give a short speech during their November 4-H club meeting. In addition to our in school program, our 4-H Honor Club met to elect officers and for a fun night of pumpkin carving. Thirteen 4-H members completed their Honor Club applications to officially become Honor Club members. Youth Leadership Cheatham County participants had a great day learning all about the importance of agriculture in Cheatham County.



Agriculture

The months of September and October were filled with a multitude of educational programming events. After harvesting our Dark Tobacco Test Plot, we held our annual “Tobacco Patch Breakfast” field day to inform growers of research plans, findings, and updates. We also conducted various tours of local farms and agri-businesses. Two of those tours included the 2022 Cheatham County Youth Leadership class and the other was the 2022 (Adult) Leadership Cheatham County class. Each of these groups had the opportunity to meet farmers and local agr-business professionals, and saw how Extension programs play a major role in their management decision making process. They also learned of the tremendous economic impact that agriculture has on our county.

Each year we collaborate with UT Crop Specialists to conduct a Soybean Sentinel plot, in which weekly insect and tissue specimens are sent to the UT Lab. These plots help specialist track insect and disease pressures across the state and allow specialists to make timely recommendations for control. The 3 month project ended in October.

During September, we also conducted several BQA (Beef Quality Assurance) training sessions for local beef cattle producers. This farm-level food safety program allows producers to participate in the TN Ag Enhancement (cost share) program each year.



Family & Consumer Sciences

Nutrition and Physical Fitness was the focus of Family and Consumer Science programs in September and October.

A partnership was developed between UT/TSU Extension, Cheatham Health Department and Riverside School to bring nutrition classes to the students attending Riverside. We meet students every Friday to teach nutrition concepts and practice cooking skills. Students have also received pedometers, colanders and cutting boards. They will all receive a cookbook at the conclusion of this course at the end of the semester.

Walk Across TN was kicked off in September with 56 participants in the community and 150 students from Ashland City Elementary Stem School. Individuals walked a total of 14,751 miles over an 8-week period. Participants received a newsletter each week with updates and nutrition information to help them reach their personal goals.

