

UT/TSU Cheatham County

Extension is still here for YOU!!!

UT & TSU Cheatham County
Extension
162 John Mayfield Drive
Suite 110
Ashland City, TN 37015
615-792-4420

<http://cheatham.tennessee.edu>
Facebook: Cheatham County—UT & TSU
Extension
Twitter: CheathamCoExt
Instagram: ut_tsu_cheatham_extension

rbarron@utk.edu
Ronnie Barron, Director, Extension Agent
sknaus@utk.edu
Sierra Knaus, Extension Agent
adodd2@utk.edu
Aneta Eichler, Extension Agent
tfralick@utk.edu
Tammi Fralick, Extension Agent
kshores@utk.edu
Kathryn Forewright, Administrative Assistant

4-H Youth Development

The Tennessee 4-H Foundation received a Community Cares Grant that provided STEM resources to each county across the state based on county enrollment data. Cheatham County 4-H received 57 kits! These STEM in a Box kits included resources, lesson plans and literature for several activities including no-sew masks, black light handwashing, spray germ spreading activity, and Tennessee Ag magazines. These kits were distributed to the elementary and middle schools across the county for teacher use.



Agriculture

Winter time provides a perfect opportunity for Extension to conduct educational trainings for farmers, as most of them are not involved in field work, other than feeding hay to livestock. During January and February numerous producers have taken advantage of both virtual and small-group training opportunities (due to Covid). As to date, we have conducted GAP (Good Agricultural Practices) training for 23 Cheatham County tobacco growers, Pesticide Safety Training for 15 producers, and currently have 26 beef cattle producers enrolled in the (10 week) Tennessee Master Beef Producer program. Farm/onsite visits were also conducted with each of the Master Beef Producer participants to pull hay samples, which were analyzed for nutrient content. This allows producers to provide precise protein and energy supplementation for their cattle herd and helps them make the best economic decision in keeping their herd healthy and productive while pastures are dormant.



Family & Consumer Sciences

Healthy Cheatham: 2021 A Time for New Beginnings is the theme of a Lunch-N-Learn series sponsored by UT/TSU Extension in partnership with the Cheatham County Public Library and South Cheatham Library. Thus far, we have discussed goal setting, healthy apps and the importance of getting a good night's rest. The Lunch-N-Learn series will continue on the fourth Thursday of each month during 2021.

The UT/TSU Extension FCS Department has partnered with the Cheatham County Cancer Survivor Alliance to bring awareness and resources to our community. This opportunity was made possible through a TN Department of Health grant. January and February have been busy putting together a program and scheduling presentations.

Two of our agents served on a state Extension team that offered Conflict Resolution training to Extension Agents across the state of Tennessee. Extension Agents are now equipped to offer this training to workplaces in their communities.

