

2020

Extension Impacts

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<http://cheatham.tennessee.edu>
Facebook: Cheatham County—UT & TSU Extension
Twitter: CheathamCoExt
Instagram: ut_tsu_cheatham_extension

As a result of Cheatham County Extension programming in 2020 our team reported:

14,215 contacts though in-person/virtual educational meetings

2,719 contacts through farm, home or onsite visits

***34,550 personal contacts with clientele (mail, e-mail, telephone) ***

332,354 contacts through social media and newspaper

Master Gardeners and other volunteers gave 2,316 hours of service to our community valued at \$52,212

3,000 face masks passed out through our office at the beginning of the COVID-19 Pandemic

57 educational videos produced to conduct programming during the pandemic

Agriculture & Horticulture

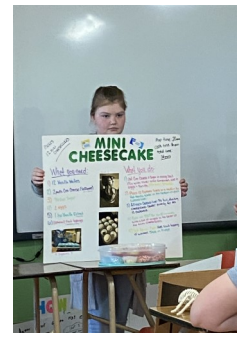
- 95 tobacco, row crop, and specialty crop farmers increased their knowledge of disease management, pesticide safety, variety selection, production and labor management, through Extension program efforts. (Estimated impact over \$482,000.)
- 93 H2A (Hispanic) farm laborers increased their knowledge and understanding of farm safety and emergency procedures (taught in Spanish by the Agent).
- 295 farmers (livestock, row crops, fruit & veg producers, and small ruminants) were informed of the USDA Coronavirus Food Assistance Programs I and II. We assisted many of them on their farms with the application process. The program brought over \$918,000 to our county.
- 32 beef producers plan to make changes on their farm in forage and herd management through participating in the UT Master Beef Producer Program (Estimated total impact over \$105,000)
- 329 homeowners made informed lawn and garden management decisions due to educational assistance provided by local extension agents.



4-H & Youth Development

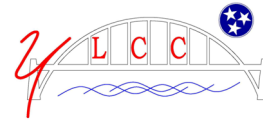
In School Participation for 4-H in 2020:

- January- Game Changers STEM lesson for 1117 youth
- February- Healthy Lifestyle lesson for 1117 youth
- March- 1102 youth did a demonstration
- October- 1300 Virtual Guides and STEM in a bag kits distributed
- November- 650 speeches presented either face to face or virtually
- Over 200 8th grade students participated in the Next Chapter program, that helps to prepare them for college and careers.



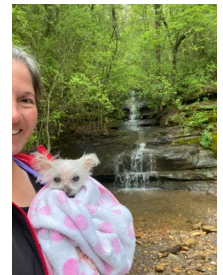
Cheatham County 4-H members served the county:

- 1000lbs of cat and dog food was donated to Cheatham County Animal Control.
- 4-H members also assisted with Christmas Anonymous, donated snacks to the health department, served dinner to the Sherriff's Department, made Valentine's Day cards for nursing home residents, created 200 craft kits for Vanderbilt Children's Hospital and completed take home service kits.
- 15 Juniors and Seniors graduated from Youth Leadership Cheatham County, 1 received a \$1,000 scholarship to attend college, and 14 were selected to participate in the YLCC class of 2021.
- The 2020 Chick Chain Auction raised over \$1800 for our local 4-H program.



Family & Consumer Sciences

- **Walk Across TN**- Seventy-four participants walked a total of 15, 283 miles in an eight weeks time and reported losing over 40 pounds.
- **Dining with Diabetes** was held in South Cheatham with 8 participants. One individual reported losing 45 pounds over the year due to applying information learned in class.
- **Let's Preserve Facebook** page was created to provide safe, research- based information to residents of Cheatham and Robertson County. We currently have 123 members in this group. Cheatham County FCE agent produced six videos in this series covering water bath, atmospheric steamer and pressure canning methods. A Facebook Live session was held every Thursday May-July to cover any additional information and answer any questions.
- **Extension Health & Wellness Ambassador** – Cheatham and Robertson County partnered to offer the first Health and Wellness training in the state. Cheatham had one graduate of the program.
- **First Time Home Buyer Education** – FCS Agent assisted 20 families in successfully purchasing their first home. Seven participants closed with THDA loans for a total of 1.4 million dollars in mortgage loans awarded.



UT/TSU Extension Cheatham County was able to obtain three **grants** in 2020 totaling \$27,000 in additional programming funds for our community.